

Shopping List

- Green onions and sesame seeds
- maple sausage 2 (11oz) packages
- skin-on salmon filets 4 (4-6oz)
- Street Taco Toppings: cilantro, fresh limes, and white onion

Baking/Spices

- black pepper 0.50 tsp
- Black pepper to taste
- brown sugar 3 tbsp
- fresh chopped rosemary 2 tsp
- graham cracker crumbs 1 cup
- ground ginger 1 tsp
- kosher salt 3.50 tsp
- marshmallow fluff/creme 2 cups
- milk chocolate chips or dark chocolate chips 2 cups
- pepper 0.25 tsp
- salt and pepper
- Sesame seeds 1 tsp
- smoked paprika 1 tsp
- tapioca starch 1 tbsp

Beverages

- full-fat coconut milk 1 (13.6 oz) can
- water 0.25 cup

Condiments

- dijon mustard 1 tbsp
- sriracha 2 tsp

Meat/Fish

- boneless skinless chicken breast 1.50 lb
- ground turkey 1 lb
- Mexican chorizo 1 lb

Pantry

- avocado oil 1 tbsp
- coconut aminos 1 cup
- Corn Tortillas 12
- honey 2 tbsp
- jasmine rice 2 tsp
- maple syrup 1 cup
- mayonnaise 0.25 cup
- olive oil 0.50 cup
- pre-made chocolate chip cookie dough 6 tbsp
- rice vinegar 2 packages
- rice vinegar 2 tbsp

- | | |
|---|--------|
| <input type="checkbox"/> sesame oil | 1 tbsp |
| <input type="checkbox"/> soy sauce | 2 tbsp |
| <input type="checkbox"/> Thai sweet chili sauce | 3 tbsp |

Produce

- | | |
|--|-------------|
| <input type="checkbox"/> broccoli florets | 4 cups |
| <input type="checkbox"/> brussels sprouts | 16 oz |
| <input type="checkbox"/> carrots | 2 |
| <input type="checkbox"/> English Cucumber | 3 |
| <input type="checkbox"/> finely chopped parsley | 0.25 cup |
| <input type="checkbox"/> fresh grated ginger | 1 tsp |
| <input type="checkbox"/> fresh squeezed orange juice | 0.25 cup |
| <input type="checkbox"/> fresh thyme | 2 tbsp |
| <input type="checkbox"/> garlic | 6 cloves |
| <input type="checkbox"/> large carrots | 3 |
| <input type="checkbox"/> lemon juice | 2 tbsp |
| <input type="checkbox"/> lemon zest | 1 tsp |
| <input type="checkbox"/> lime juice | 1 tsp |
| <input type="checkbox"/> medium apples | 2 |
| <input type="checkbox"/> red bell peppers | 2 |
| <input type="checkbox"/> snap peas | 3 cups |
| <input type="checkbox"/> sweet potatoes | 1 lb |
| <input type="checkbox"/> white onion | 1 medium |
| <input type="checkbox"/> yellow onion | 0.50 medium |