

Shopping List

<input type="checkbox"/> chopped sun dried tomatoes	10 tbsp
<input type="checkbox"/> For serving:	
<input type="checkbox"/> Lavash wrap	5
<input type="checkbox"/> Pepper to taste	

Baking/Spices

<input type="checkbox"/> black pepper	0.50 tsp
<input type="checkbox"/> cayenne pepper	0.25 tsp
<input type="checkbox"/> chili powder	4 tbsp
	3 tsp
<input type="checkbox"/> cumin	3 tsp
<input type="checkbox"/> dried chives	2 tsp
<input type="checkbox"/> dried dill	0.50 tsp
<input type="checkbox"/> dried oregano	2.25 tsp
<input type="checkbox"/> EACH: cumin and kosher salt	1 tsp
<input type="checkbox"/> EACH: garlic powder, onion powder, papr ika	0.50 tsp
<input type="checkbox"/> EACH: smoked paprika, garlic powder, onion powder, and chili powder	1 tsp
<input type="checkbox"/> flour or corn tortillas (Note 2)	8 6-inch
<input type="checkbox"/> garlic powder	1 tbsp
	1.25 tsp
<input type="checkbox"/> Italian seasoning	4 tsp
<input type="checkbox"/> kosher salt	5 tsp
<input type="checkbox"/> Kosher salt and pepper to taste	
<input type="checkbox"/> Kosher salt to taste	
<input type="checkbox"/> package taco seasoning	1 (1 ounce)
<input type="checkbox"/> salt	0.50 tsp
<input type="checkbox"/> Salt and black pepper to taste	2 tbsp
<input type="checkbox"/> smoked paprika	0.25 tsp

Beverages

<input type="checkbox"/> water	0.25 cup
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Canned Goods

<input type="checkbox"/> black beans	1 cup
<input type="checkbox"/> can black beans	1 (15 ounce)
<input type="checkbox"/> can corn	1 (15 ounce)
<input type="checkbox"/> can diced tomatoes	1 (28-ounce)
<input type="checkbox"/> can tomato sauce	1 (15-ounce)
<input type="checkbox"/> canned corn	1 cup
<input type="checkbox"/> cans black beans	2 (15-ounce)
<input type="checkbox"/> full-fat canned coconut milk	0.50 cup

Condiments

<input type="checkbox"/> dijon mustard	2 tsp
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Dairy

<input type="checkbox"/> crumbled feta cheese	15 tbsp
<input type="checkbox"/> feta cheese	8 oz

<input type="checkbox"/> heavy cream or milk	3 tbsp
<input type="checkbox"/> large egg whites	20
<input type="checkbox"/> shredded Mexican cheese	0.50 cup

Meat/Fish

2 and 1/2 cups rotisserie chicken shredded	1
<input type="checkbox"/> ed with 1/2 cup sugar free BBQ sauce(I like primal kitchen)	
<input type="checkbox"/> flank steak	1.50 lb
<input type="checkbox"/> ground beef	3 lb
<input type="checkbox"/> ground pork (Note 1)	1 lb
<input type="checkbox"/> pork shoulder (pork butt)	3 lb

Optional Toppings

Additional optional toppings: shredded	
<input type="checkbox"/> mexican cheese, sour cream, tortilla chips	
<input type="checkbox"/> Optional: fresh chopped basil and thyme for garnishing	
Toppings: cornbread, scallions, sour cream	
<input type="checkbox"/> m, shredded cheese, avocado, tortilla chips	
Toppings: queso fresco, cotija cheese, a	
<input type="checkbox"/> vocado crema, sliced avocado, cilantro, pickled red onion	

Pantry

<input type="checkbox"/> almond milk more or less depending on your consistency preference	3 tbsp
<input type="checkbox"/> apple cider vinegar	2 tbsp
<input type="checkbox"/> balsamic vinegar	0.50 cup
<input type="checkbox"/> bay leaves	2
<input type="checkbox"/> beef broth	1 cup
<input type="checkbox"/> beef broth/stock	2.50 cups
<input type="checkbox"/> chicken broth	1 cup
<input type="checkbox"/> coconut oil	2 tbsp
<input type="checkbox"/> granulated sugar, honey, or agave	1 tsp
<input type="checkbox"/> honey	1 tbsp
<input type="checkbox"/> honey or agave	1 tbsp
<input type="checkbox"/> maple syrup or brown sugar	0.25 cup
<input type="checkbox"/> mild salsa	1 cup
<input type="checkbox"/> mild salsa verde * see notes	0.25 cup
<input type="checkbox"/> olive oil	7 tbsp
<input type="checkbox"/> olive oil or avocado oil	1 tbsp
<input type="checkbox"/> olive or avocado oil	2 tbsp
<input type="checkbox"/> paleo mayo	0.75 cup
<input type="checkbox"/> red wine vinegar	1 tbsp
<input type="checkbox"/> soy sauce or coconut aminos	3 tbsp
<input type="checkbox"/> uncooked long grain rice	1.25 cups

Produce

<input type="checkbox"/> avocados	1
<input type="checkbox"/> baby spinach	5 cups

<input type="checkbox"/> bell pepper (any color)	1
<input type="checkbox"/> cilantro	0.25 cup
<input type="checkbox"/> cilantro tightly packed	0.50 cup
<input type="checkbox"/> fresh lime juice	0.33 cup
<input type="checkbox"/> fresh orange juice	0.33 cup
<input type="checkbox"/> garlic	14 cloves
<input type="checkbox"/> grape tomatoes	1 cup
<input type="checkbox"/> jalapeno roughly chopped	1
<input type="checkbox"/> Juice from 1/2 a lime	
<input type="checkbox"/> large yellow onion	1
<input type="checkbox"/> large zucchini	3
<input type="checkbox"/> lime juice	2 Tablespoons
	2 tbsp
<input type="checkbox"/> medium white onion	1
<input type="checkbox"/> medium yellow onion	1
<input type="checkbox"/> minced garlic.	6 cloves
<input type="checkbox"/> of garlic or 1 teaspoon garlic powder	1 clove
<input type="checkbox"/> onion powder	1 tbsp
	2 tsp
<input type="checkbox"/> packages sweet mini peppers	2 (16 ounce)
<input type="checkbox"/> red onion	0.50 cup
<input type="checkbox"/> romaine lettuce	8 cups
<input type="checkbox"/> thinly sliced red onion	1 cup
<input type="checkbox"/> Toppings: sliced avocado	
<input type="checkbox"/> yellow or red onion	0.50 small